PPT
PLAYER PERFORMANCE TRACKING
by JPL Data Support

PPT GUIDE

READING YOUR STATS

What your numbers mean, typical ranges by handicap, and where shots are really lost.

STEP 1

Start with the big picture.

Use 5–10 rounds

One round is a story. Ten rounds is a pattern. Look at averages and trends, not single cards.

Score to par first

Is your scoring average moving? Score to par compares rounds on different courses more fairly.

Then ask "why?"

The four areas below explain the score. The one furthest from your handicap band is usually the place to start.

STEP 2

Compare with typical ranges.

These are rough, typical figures for amateur golfers, gathered from general amateur statistics. Courses, tees and weather all move them, so treat them as a guide, not a target. They are not PPT data.

Typical ranges by handicap band

STAT	HANDICAP 0–5	HANDICAP 6–12	HANDICAP 13–20	HANDICAP 21+
Fairways hit % of par 4s and 5s · Higher is better	55-65%	48-58%	40-50%	30-42%
Greens in regulation % of 18 holes · Higher is better	50-65%	33-50%	20-33%	5-20%
Up and downs % of missed greens · Higher is better	45-60%	30-45%	20-30%	10-20%
Sand saves % of greenside bunkers · Higher is better	35-50%	20-35%	10-20%	0-10%
Putts per round · Lower is better	29-31	30-32	32-34	33-36
Three-putts per round · Lower is better	Under 1	1-2	2-3	3+

HOW TO USE IT Find your handicap column. A stat well below your band is likely costing you shots; a stat in the band above is a strength to protect.

STEP 3

Read each area.

01 Driving
Fairways hit and your miss pattern

WHAT IT TELLS YOU

Whether your tee shots keep you in play. A missed fairway is often only a small cost; a penalty or a blocked shot is a big one.

LOOK CLOSER

Your miss pattern. If most misses go one way, it is usually aim or shape. Misses both ways usually point to strike or face control.

WARNING SIGNS

Penalty strokes from tee shots, or fairways well below your band.

02 Approach
Greens in regulation

WHAT IT TELLS YOU

How often you give yourself a putt for birdie or par. For most amateurs, GIR is the stat most closely linked to scoring.

LOOK CLOSER

Where you miss. Most amateurs miss short far more than long, which usually means taking one more club.

WARNING SIGNS

GIR below your band even when you hit plenty of fairways.

03 Short game
Up and downs, scrambling, sand saves

WHAT IT TELLS YOU

How well you recover when you miss a green. The more greens you miss, the more this matters.

LOOK CLOSER

Up and downs from simple chips versus bunkers and pitches. One is often far weaker than the other.

WARNING SIGNS

Low up and down rate combined with lots of missed greens: a double cost.

04 Putting
Putts per round and three-putts

WHAT IT TELLS YOU

Whether you are losing shots on the greens. Three-putts are the clearest sign.

LOOK CLOSER

Putts per round can mislead. Hit more greens and your first putts get longer, so putts per round can rise as you improve.

WARNING SIGNS

Two or more three-putts a round, most often from poor pace on long putts.

STEP 4

Find where the shots really go.

Two 18-handicappers both average 90. Their numbers tell very different stories, and their practice should be different too.

Player A

Fairways	58%	Strong for band
GIR	17%	Below band
Up and downs	32%	Above band
Putts	32	In band

VERDICT

Driving is fine. Approach play is costing the most. Practise 100–160 yard shots and club selection.

Player B

Fairways	36%	Below band
GIR	28%	In band
Up and downs	24%	In band
Three-putts	3.4	Above band

VERDICT

Two leaks: tee shots and long putts. Start with lag putting, the quicker fix, then the driver.

BEFORE YOU ACT

Five traps to avoid.

1. **Too few rounds.** Wait for five to ten before changing anything big.
2. **Comparing with tour pros.** Compare with your own handicap band, and with yourself last season.
3. **Trusting putts per round alone.** Check three-putts and how many greens you hit.
4. **Chasing every stat at once.** Pick the one or two areas costing the most shots.
5. **Ignoring the conditions.** Wind, rain and a hard course will move every number. Make a note when you log the round.

Next steps: **Setting targets that work** and the **Practice planning worksheet**, free at jplds-ppt-site.vercel.app/resources