20____

END-OF-SEASON

REVIEW WORKBOOK

Your season in numbers, area by area, a practice audit, and goals for next year.

NAME

SEASON

HANDICAP AT THE START

HANDICAP NOW

COACH

REVIEW DATE

1 SEASON IN NUMBERS

Fill this in from your PPT season report. Facts first, feelings later.

STAT	LAST SEASON	THIS SEASON	CHANGE	BETTER?
Rounds logged				☐
Scoring average				☐
Best round				☐
Fairways hit %				☐
Greens in regulation %				☐
Up and downs %				☐
Sand saves %				☐
Putts per round				☐
Three-putts per round				☐
Penalties per round				☐
Practice hours logged				☐

Most improved stat

Biggest step back

2 AREA BY AREA

Rate each area out of five for this season, then note what helped and what held you back.

Driving

1 2 3 4 5

WENT WELL

HELD ME BACK

Approach

1 2 3 4 5

WENT WELL

HELD ME BACK

Short game

1 2 3 4 5

WENT WELL

HELD ME BACK

Putting

1 2 3 4 5

WENT WELL

HELD ME BACK

3-4 HIGHLIGHTS AND PRACTICE AUDIT

My best round

Course, score, and what went right

My toughest day

What happened, and what it taught me

Practice audit

Estimate the share of shots lost in each area (from your weak spots in PPT) and the share of your practice time it got.

AREA	SHOTS LOST %	PRACTICE TIME %	GAP
Driving			
Approach			
Short game			
Putting			
Total	100%	100%	

My biggest mismatch

Keep doing

Start doing

Stop doing

Next season's targets

OUTCOME TARGET	FROM	TO	BY

How I will get there

PROCESS GOAL	HOW OFTEN
1	
2	
3	

Check-ins Date _____ ☐ Date _____ ☐ Date _____ ☐

Need help setting targets? See **Setting targets that work** at jplds-ppt-site.vercel.app/resources